



TEAM CBT EU

# Save the Date So Cal TEAM CBT 4-Day Intensive Training

May 8 to 11, 2024  
Long Beach, CA

Melt resistance and achieve more therapeutic success with TEAM CBT!!! TEAM CBT is a promising new approach to Cognitive-Behavioral Therapy developed by one of the early pioneers of CBT, Dr. David Burns. It is a comprehensive and easily understandable system that enables highly effective interventions and therapies for All kinds of problems. especially anxiety, depression (and related disorders), relationships, undesirable habits, and addictions.

Getting stuck with resistant patients? Unsure how to repair that rupture (quickly)? Want to unleash the client's hidden motivation? Want to avoid entanglements or stagnation in therapy? Unclear what is your responsibility and what is the patient's? Join this experienced faculty for powerhouse training to help you **master the biggest challenges in therapy!**

## Faculty:



**Rhonda Barovsky**  
Psy.D.



**Heather Clague**  
M.D.



**Leigh Harrington**  
M.D.



**Mariusz Wirga**  
M.D.



**Aleksandra Wirga**  
M.D.  
Conference Chair

one of the early pioneers of CBT  
and founder of TEAM CBT

## David Burns

M.D. Professor Emeritus  
Stanford University



Total didactic  
hours: 30

**Dates: May 8 to 11, 2024**  
City: Long Beach, CA, USA  
Venue: TBD

[www.TEAMcbt.EU](http://www.TEAMcbt.EU)